

DAY- (WEEK-1,3)	BRAKFAST	LUNCH	AFTERNOON SNACK
MONDAY	CEREALS WITH MILK AND BANANA	CHICKEN NOODLE SOUP AND BREAD WITH APPLE SLICES	CHEESE AND CRACKERS WITH MIXED FRUITS
TUESDAY	PANCAKE WITH BANANAS	MEATBALLS AND RICE WITH ORANGES	GRANULA BAR WITH APPLE SLICES
WEDNESDAY	BROWN BREAD WITH BUTTER AND JAM, BANANA	VEGETABLES AND CHEESE PASTA WITH PINEAPPLE SLICES	TRIAL MIX WITH CUCUMBER
THURSDAY	BLUBERRY MUFFINS WITH BANANAS	TOMATO SOUP WITH GRILLED CHEESE BREAD AND MIXED FRUIT	OATMEAL COOKIES WITH CANTALOUPE
FRIDAY	CEREALS WITH MILK AND BANANAS	CHICKEN NUGGETS AND FRIES WITH ORANGE SLICES `	BANANA BREAD WITH MILK

DAY (WEEK-2,4)	BREAKFAST	LUNCH	AFTERNON SNACK
MONDAY	ENGLISH MUFFINS WITH BUTTER AND ORANGES	HOT DOG WITH WATERMELON	COOKIES AND FRUIT SALAD
TUESDAY	SCRAMBLED EGGS AND BREAD WITH MILK AND APPLE SLICES	VEGETABLE RICE WITH CANTALOUPE	BANANA STRAWBERRY SMOOTHIES WITH CRACKERS
WEDNESDAY	WHOLE WHEAT CEREAL WITH MILK AND BANANAS	SPAGHETTI AND MEATBALLS WITH MIXED FRUITS	CHEESE BITES AND CRACKERS WITH FRESH FRUITS
THURSDAY	WAFFLES WITH MAPLE SYRUP AND STRAWBERRIES	WHOLE WHEAT PASTA WITH APPLE SLICES	CUP CAKES WITH ORANGES

FRIDAY	OATMEAL WITH MILK AND BANANAS	BUTTER CHICKEN AND BROWN RICE WITH WATERMELON	VEGGIE-CHEESE ROLLS WITH MIXED FRUITS	
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